

HOME GUARD AVAILABILITY

To request a space, please contact homeguard@swimway.co.uk with the information below, or use the contact form (<https://www.swimway.co.uk/contact-and-booking>).

• Do you agree to our terms (<https://www.swimway.co.uk/terms>) and privacy policy (<https://www.swimway.co.uk/privacy>)? This is required to proceed with any booking.

• Which venue/s would you like to book?

• What course/day and time would you like to book? In case your first choice/s are no longer available we suggest sending at least 3 options.

• Are you looking for 1:1 or 1:2 children's lessons, or group parent & baby lessons?

• Parent/Guardian Name

• Child's Name

• Child's DOB

• Children's Lessons: Please provide a detailed description of your child's swimming abilities and also use our FIND YOUR STAGE questionnaire (<https://www.swimway.co.uk/find-your-stage>):

• Parent & Baby Lessons: Has your child had lessons before? If so, for how long?

• Any pertinent medical information

• Address

• Mobile

• Email

AUTUMN TERM 2025 DATES		
Lessons Starting Week Commencing	06/10/2025	
Lessons Remaining	9	
Half Term Week Commencing (No Lessons)	27/10/2025	
Lessons End Week Commencing	08/12/2025	

1:1 OR 1:2 CHILDREN'S LESSONS, FROM AGES 2+							
Lesson Type		Per Lesson (VAT included)	Booking Conditions		Total (VAT included)		
30 minute 1:1 lessons		£65.00	Ages 2+ (2-3 years at our discretion)		£585.00		
30 minute 1:2 lessons		£43.00	Ages 3+ only		£387.00		
Venue	Day	Time	Teacher	Level working towards	Age guide	Lesson Type	
Home Guard (SW14 BLA)	Monday	15:00	Gleb Shatalov	Any Stage	2 - 18 years	1:1 or 1:2 lesson	
Home Guard (SW14 BLA)	Monday	15:00	Jon Chappell	Any Stage	2 - 18 years	1:1 or 1:2 lesson	
Home Guard (SW14 BLA)	Monday	15:30	Gleb Shatalov	Stage 03	2 - 18 years	1:2 Lesson (1 space available)	
Home Guard (SW14 BLA)	Monday	15:30	Chris Nikiforos	Any Stage	2 - 18 years	1:1 or 1:2 lesson	
Home Guard (SW14 BLA)	Monday	15:30	Yuri Garbulinskiy	Any Stage	2 - 18 years	1:1 or 1:2 lesson	
Home Guard (SW14 BLA)	Monday	16:00	Jon Chappell	Stage 07	8.5 - 9.5 years	1:2 Lesson (1 space available)	
Home Guard (SW14 BLA)	Monday	16:00	Gleb Shatalov	Stage 04	6 - 7.5 years	1:2 Lesson (1 space available)	
Home Guard (SW14 BLA)	Monday	17:00	Jon Chappell	Stage 04	4.5 - 5.5 years	1:2 Lesson (1 space available)	
Home Guard (SW14 BLA)	Monday	17:00	Yuri Garbulinskiy	Stage 04	6.5 - 8 years	1:2 Lesson (1 space available)	
Home Guard (SW14 BLA)	Monday	17:30	Gleb Shatalov	Stage 05	8 - 10 years	1:2 Lesson (1 space available)	
Home Guard (SW14 BLA)	Monday	17:30	Chris Nikiforos	Stage 06	9 - 12 years	1:2 Lesson (1 space available)	
Home Guard (SW14 BLA)	Monday	19:00	Jon Chappell	Any Stage	2 - 18 years	1:1 or 1:2 lesson	
Home Guard (SW14 BLA)	Monday	19:00	Chris Nikiforos	Any Stage	2 - 18 years	1:1 or 1:2 lesson	
Home Guard (SW14 BLA)	Tuesday	15:00	Gleb Shatalov	Any Stage	2 - 18 years	1:1 or 1:2 lesson	
Home Guard (SW14 BLA)	Tuesday	15:00	Chiara Padellì	Any Stage	2 - 18 years	1:1 or 1:2 lesson	
Home Guard (SW14 BLA)	Tuesday	15:30	Gleb Shatalov	Any Stage	2 - 18 years	1:1 or 1:2 lesson	
Home Guard (SW14 BLA)	Tuesday	15:30	Luiza Franco	Any Stage	2 - 18 years	1:1 or 1:2 lesson	
Home Guard (SW14 BLA)	Tuesday	15:30	Chiara Padellì	Any Stage	2 - 18 years	1:1 or 1:2 lesson	
Home Guard (SW14 BLA)	Tuesday	16:00	Luiza Franco	Stage 06	8.5 - 10 years	1:2 Lesson (1 space available)	
Home Guard (SW14 BLA)	Tuesday	16:30	Chiara Padellì	Stage 07	9 - 10.5 years	1:2 Lesson (1 space available)	
Home Guard (SW14 BLA)	Tuesday	17:00	Gleb Shatalov	Stage 04	7.5 - 8.5 years	1:2 Lesson (1 space available)	
Home Guard (SW14 BLA)	Tuesday	18:30	Gleb Shatalov	Any Stage	2 - 18 years	1:1 or 1:2 lesson	
Home Guard (SW14 BLA)	Tuesday	19:00	Chiara Padellì	Any Stage	2 - 18 years	1:1 or 1:2 lesson	
Home Guard (SW14 BLA)	Wednesday	15:00	Amanda Heather	Stage 02	5.5 - 6.5 years	1:2 Lesson (1 space available)	
Home Guard (SW14 BLA)	Wednesday	15:00	Joanna Nikiforos	Any Stage	2 - 18 years	1:1 or 1:2 lesson	
Home Guard (SW14 BLA)	Wednesday	15:00	Luiza Franco	Stage 05	8 - 9.5 years	1:2 Lesson (1 space available)	
Home Guard (SW14 BLA)	Wednesday	15:30	Joanna Nikiforos	Any Stage	2 - 18 years	1:1 or 1:2 lesson	
Home Guard (SW14 BLA)	Wednesday	16:00	Ivo Coelho	Any Stage	2 - 18 years	1:1 or 1:2 lesson	
Home Guard (SW14 BLA)	Wednesday	16:00	Joanna Nikiforos	Any Stage	2 - 18 years	1:1 or 1:2 lesson	
Home Guard (SW14 BLA)	Wednesday	16:30	Luiza Franco	Stage 04	7.5 - 8.5 years	1:2 Lesson (1 space available)	
Home Guard (SW14 BLA)	Wednesday	16:30	Ivo Coelho	Stage 04	7 - 8.5 years	1:2 Lesson (1 space available)	
Home Guard (SW14 BLA)	Wednesday	16:30	Joanna Nikiforos	Stage 04	4 - 5.5 years	1:2 Lesson (1 space available)	
Home Guard (SW14 BLA)	Wednesday	17:00	Luiza Franco	Stage 06	8.5 - 10 years	1:2 Lesson (1 space available)	
Home Guard (SW14 BLA)	Wednesday	17:00	Joanna Nikiforos	Stage 02	5 - 6.5 years	1:2 Lesson (1 space available)	
Home Guard (SW14 BLA)	Wednesday	18:00	Amanda Heather	Stage 02	6 - 7.5 years	1:2 Lesson (1 space available)	
Home Guard (SW14 BLA)	Wednesday	18:00	Joanna Nikiforos	Stage 06	8 - 9.5 years	1:2 Lesson (1 space available)	
Home Guard (SW14 BLA)	Wednesday	18:30	Luiza Franco	Any Stage	2 - 18 years	1:1 or 1:2 lesson	
Home Guard (SW14 BLA)	Thursday	15:00	Yuri Garbulinskiy	Any Stage	2 - 18 years	1:1 or 1:2 lesson	
Home Guard (SW14 BLA)	Thursday	15:00	Chiara Padellì	Beginner 02	3 - 4 years	1:2 Lesson (1 space available)	
Home Guard (SW14 BLA)	Thursday	15:30	Chris Nikiforos	Any Stage	2 - 18 years	1:1 or 1:2 lesson	
Home Guard (SW14 BLA)	Thursday	16:00	Anastasia Mihalova	Stage 05	6.5 - 7.5 years	1:2 Lesson (1 space available)	
Home Guard (SW14 BLA)	Thursday	16:00	Yuri Garbulinskiy	Stage 03	4.5 - 5.5 years	1:2 Lesson (1 space available)	
Home Guard (SW14 BLA)	Thursday	16:00	Chiara Padellì	Stage 01	6.5 - 7 years	1:2 Lesson (1 space available)	
Home Guard (SW14 BLA)	Thursday	16:00	Chris Nikiforos	Beginner 02	3 - 4 years	1:2 Lesson (1 space available)	
Home Guard (SW14 BLA)	Thursday	17:00	Anastasia Mihalova	Any Stage	2 - 18 years	1:1 or 1:2 lesson	
Home Guard (SW14 BLA)	Thursday	17:30	Chiara Padellì	Stage 03	5 - 6.5 years	1:2 Lesson (1 space available)	
Home Guard (SW14 BLA)	Thursday	18:00	Anastasia Mihalova	Any Stage	2 - 18 years	1:1 or 1:2 lesson	
Home Guard (SW14 BLA)	Thursday	18:00	Chris Nikiforos	Stage 07	8 - 12 years	1:2 Lesson (1 space available)	
Home Guard (SW14 BLA)	Thursday	18:00	Yuri Garbulinskiy	Any Stage	2 - 18 years	1:1 or 1:2 lesson	
Home Guard (SW14 BLA)	Thursday	18:30	Anastasia Mihalova	Any Stage	2 - 18 years	1:1 or 1:2 lesson	
Home Guard (SW14 BLA)	Thursday	19:00	Yuri Garbulinskiy	Any Stage	2 - 18 years	1:1 or 1:2 lesson	
Home Guard (SW14 BLA)	Friday	07:45	Kersty McLauchlan	Any Stage	2 - 18 years	1:1 lesson only	
Home Guard (SW14 BLA)	Friday	08:45	Kersty McLauchlan	Any Stage	2 - 18 years	1:1 lesson only	
Home Guard (SW14 BLA)	Friday	09:15	Kersty McLauchlan	Any Stage	2 - 18 years	1:1 lesson only	
Home Guard (SW14 BLA)	Friday	15:00	Luiza Franco	Any Stage	2 - 18 years	1:1 or 1:2 lesson	
Home Guard (SW14 BLA)	Friday	15:30	Amanda Heather	Any Stage	2 - 18 years	1:1 or 1:2 lesson	
Home Guard (SW14 BLA)	Friday	15:30	Luiza Franco	Stage 01	3.5 - 4.5 years	1:2 Lesson (1 space available)	
Home Guard (SW14 BLA)	Friday	15:30	Yuri Garbulinskiy	Any Stage	2 - 18 years	1:1 or 1:2 lesson	
Home Guard (SW14 BLA)	Friday	15:30	Chiara Padellì	Beginner 02	3.5 - 4.5 years	1:2 Lesson (1 space available)	
Home Guard (SW14 BLA)	Friday	16:00	Luiza Franco	Stage 02	8.5 - 10 years	1:2 Lesson (1 space available)	
Home Guard (SW14 BLA)	Friday	16:30	Yuri Garbulinskiy	Stage 02	4 - 5.5 years	1:2 Lesson (1 space available)	
Home Guard (SW14 BLA)	Friday	16:30	Chiara Padellì	Stage 03	6 - 7 years	1:2 Lesson (1 space available)	
Home Guard (SW14 BLA)	Friday	16:30	Luiza Franco	Stage 06	9.5 - 11 years	1:2 Lesson (1 space available)	
Home Guard (SW14 BLA)	Friday	17:00	Luiza Franco	Stage 07	11 - 13 years	1:2 Lesson (1 space available)	
Home Guard (SW14 BLA)	Friday	17:00	Chiara Padellì	Stage 03	5 - 6.5 years	1:2 Lesson (1 space available)	
Home Guard (SW14 BLA)	Friday	17:30	Amanda Heather	Stage 04	9 - 9.5 years	1:2 Lesson (1 space available)	
Home Guard (SW14 BLA)	Friday	17:30	Yuri Garbulinskiy	Stage 05	6.5 - 7.5 years	1:2 Lesson (1 space available)	
Home Guard (SW14 BLA)	Friday	18:30	Luiza Franco	Any Stage	2 - 18 years	1:1 or 1:2 lesson	
Home Guard (SW14 BLA)	Friday	18:00	Yuri Garbulinskiy	Stage 01	6 - 7.5 years	1:2 Lesson (1 space available)	
Home Guard (SW14 BLA)	Friday	18:30	Amanda Heather	Stage 02	4.5 - 5.5 years	1:2 Lesson (1 space available)	
Home Guard (SW14 BLA)	Friday	18:30	Yuri Garbulinskiy	Any Stage	2 - 18 years	1:1 or 1:2 lesson	
Home Guard (SW14 BLA)	Friday	18:30	Chiara Padellì	Stage 08	10 - 12 years	1:2 Lesson (1 space available)	
Home Guard (SW14 BLA)	Saturday	08:00	Enrico Laing	Any Stage	2 - 18 years	1:1 lesson only	
Home Guard (SW14 BLA)	Saturday	08:30	Isabel Hernadei	Stage 02	4.5 - 5.5 years	1:2 Lesson (1 space available)	
Home Guard (SW14 BLA)	Saturday	11:00	Enrico Laing	Any Stage	2 - 18 years	1:1 lesson only	
Home Guard (SW14 BLA)	Saturday	11:00	Jon Chappell	Any Stage	2 - 18 years	1:1 lesson only	
Home Guard (SW14 BLA)	Saturday	12:00	Yuri Garbulinskiy	Any Stage	2 - 18 years	1:1 Lesson Only	
Home Guard (SW14 BLA)	Saturday	12:00	Joanna Nikiforos	Any Stage	2 - 18 years	1:1 lesson only	
Home Guard (SW14 BLA)	Saturday	12:00	Enrico Laing	Any Stage	2 - 18 years	1:1 lesson only	
Home Guard (SW14 BLA)	Saturday	12:00	Jon Chappell	Any Stage	2 - 18 years	1:1 lesson only	
Home Guard (SW14 BLA)	Saturday	12:30	Jon Chappell	Any Stage	2 - 18 years	1:1 lesson only	
Home Guard (SW14 BLA)	Saturday	12:30	Enrico Laing	Any Stage	2 - 18 years	1:1 lesson only	
Home Guard (SW14 BLA)	Saturday	13:00	Yuri Garbulinskiy	Stage 06	10 - 12 years	1:2 Lesson (1 space available)	
Home Guard (SW14 BLA)	Saturday	13:30	Yuri Garbulinskiy	Any Stage	2 - 18 years	1:1 lesson only	
Home Guard (SW14 BLA)	Saturday	15:30	Jon Chappell	Any Stage	2 - 18 years	1:1 or 1:2 lesson	
Home Guard (SW14 BLA)	Saturday	16:00	Jon Chappell	Any Stage	2 - 18 years	1:1 or 1:2 lesson	

1:5 PRE CLUB LESSONS LESSONS, AGES 9-14 YEARS							
Lesson Type		Per Lesson (VAT included)	Booking Conditions		Total (VAT included)		
60 minute 1:5 lessons		£39.50	Ages 8+ years only		£355.50		
Venue	Day	Time	Teacher	Level working towards	Age guide	Number of spaces	
Home Guard (SW14 BLA)	Monday	19:00	Gleb Shatalov	Stage 07 - 08	9 - 14 years	2	

Home Guard (SW14 BLA)	Tuesday	18:30	Clab Shatyla	Stage 07 - 08	9 - 14 years	5
Home Guard (SW14 BLA)	Wednesday	18:30	Amanda Hoffman	Stage 07 - 08	9 - 14 years	1
Home Guard (SW14 BLA)	Thursday	19:00	Chris Nalderop	Stage 07 - 08	9 - 14 years	1
Home Guard (SW14 BLA)	Friday	19:00	Yuri Garbulinsky	Stage 09 - 10	9 - 14 years	4

1:5 PARENT & BABY LESSONS, AGES 3-36 MONTHS					
Lesson Type	Per Lesson (VAT included)	Booking Conditions		Total (VAT included)	
30 minute 1:5 lessons	£28.00	Ages 3 - 36 months		£252.00	
Venue	Day	Time	Teacher	Age of Class	Number of Spaces
Home Guard (SW14 BLA)	Thursday	09:30	Kirsty McLauchlan	03 - 09 months	1
Home Guard (SW14 BLA)	Thursday	10:00	Kirsty McLauchlan	09 - 18 months	1
Home Guard (SW14 BLA)	Thursday	10:30	Kirsty McLauchlan	18 - 24 months	1
Home Guard (SW14 BLA)	Friday	09:45	Kirsty McLauchlan	24 - 36 months	1
Home Guard (SW14 BLA)	Friday	10:45	Kirsty McLauchlan	03 - 09 months	1
* If a class is showing as "Open Space" the space is wide open and the age of the class will be set according to the first child who is booked into the class. It is possible we will only be able to open the class with a minimum of 2 bookings.					

1:10 ADULT TRIATHLON SWIM TRAINING					
Lesson Type	Per Lesson (VAT included)	Booking Conditions		Total (VAT included)	
45 minute 1:10 lessons	£23.00	ADULT ONLY		£207.00	
Venue	Day	Time	Teacher	Level	Number of spaces
Home Guard (SW14 BLA)	Friday	07:00	Kirsty McLauchlan	100m Front Crawl Minimum	7

Adult Group Classes					
Lesson Type	Per Lesson (VAT included)	Booking Conditions		Total (VAT included)	
30 minute 1:5 lessons	£27.00	ADULT ONLY		£243.00	
Venue	Day	Time	Teacher	Class type	Number of Spaces
Home Guard (SW14 BLA)	Thursday	08:30	Kirsty McLauchlan	Adult Intermediate	4
Home Guard (SW14 BLA)	Thursday	09:00	Kirsty McLauchlan	Adult Advanced	3
* If a class is showing as "Open Space" the space is wide open and the level of the class will be set according to the first person who is booked into the class. It is possible we will only be able to open the class with a minimum of 2 bookings.					

* Classes with 5 spaces available can be booked on a private basis at the following prices:

ADULT PRIVATE / SEMI - PRIVATE LESSONS					
Lesson Type	Per Lesson (VAT included)	Booking Conditions		Total (VAT included)	
30 min 1:1 lessons	£59.00	18 + years		£531.00	
30 min 1:2 lesson* (per private pool swim partner)	£38.00			£342.00	
Venue	Day	Time	Teacher	Class type	Number of Spaces
Home Guard (SW14 BLA)	Friday	07:45	Kirsty McLauchlan	Adult	1